

Wednesday, 21 August 2019

Opening a new men's shed for Monash

The Victorian Government is getting behind local communities and men's mental health and social wellbeing, by opening the newly refurbished men's shed in the Monash region.

A \$30,000 Victorian Government grant has supported the refurbishment of the Monash Men's Shed at Bogong Avenue in Glen Waverley.

Today Matt Fregon MP, Member for Mount Waverley District, officially opened the shed, which includes a refurbished hall. The new hall has increased accessibility and is anticipated to increase membership numbers of the shed.

Along with Victorian Government support, the construction of the new shed was also supported by the Monash City Council, and the men's shed's own fundraising events.

Since 2015, Victorian Government support of men's sheds has funded 100 men's shed groups to either build a new men's shed or refurbish an existing men's shed. There are now more than 360 sheds across Victoria.

Applications are now open for the 2019-20 Victorian Government Men's Shed Grant round, with up to \$882,000 in grants to support the expansion and improvement of sheds across the state.

Eligible men's shed groups can apply for a grant of up to \$80,000 that can be used to build new men's sheds or to refurbish existing men's sheds. Applications close on 23 July 2019.

More details are available at the Department of Health and Human Services Men's Shed Program website: <https://providers.dhhs.vic.gov.au/mens-shed-program>.

Quotes attributable to Member for Mount Waverley Matt Fregon

"I am proud to open the new Monash Men's Shed, which will encourage social inclusion and improve the health and wellbeing of more men in our community."

"Men's sheds are productive spaces that encourage men to meet people, work with others on shared projects, and give back to their community."

"This government is investing in men's sheds across the state, so that more Victorians can benefit from the important roles sheds play in our community."

